

HALDEN LIFE

FIBER BALANCE

HIGH-FIBER FOOD SUPPLEMENT WITH
PSYLLIM & INULIN

- Supports normal digestion
- Helps maintain regularity

★★★★★
PREMIUM
Quality



CAPSULES

DIETARY SUPPLEMENT

WARNING: Do not exceed the recommended daily dose. Consult your doctor if you are pregnant, breastfeeding, taking medication, or under medical supervision. Discontinue use if adverse reactions occur. Keep out of reach of children.

Keep tightly closed in a cool, dry place, away from heat and sunlight.

Food supplement. Not intended to diagnose, treat, cure, or prevent any disease. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

Allergens: Contains gelatin (bovine).

Distributed By and Manufactured for:
Valtiran Marketing Limited - Paralimni, Cyprus 5280

Recommened Use: For adults, take 2 capsules daily.

Nutrition Information

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving		%NRV*
Ginger (Zingiber officinale Roscoe) Root	50 mg	†
Psyllium Husk (Plantago ovata Forssk.)	300 mg	†
Inulin (from Helianthus tuberosus L. root)	300 mg	†
Chia Seed Powder (Salvia hispanica L.)	100 mg	†

* Nutrient Reference Value.

† Nutrient Reference Value (NRV) not established.

Other Ingredients: Brown Rice Flour, Magnesium Stearate, Silicon Dioxide, Gelatin capsule.